

Regional Health Authority B Horizon Health Network

Board of Directors Meeting

Minutes of a meeting of the Board of Directors held on Thursday April 24, 2019 beginning at 2:00 pm at the Golf and Country Club in Miramichi, NB.

Directors: John McGarry (Chair), Jeanne Breau, Cathy Carnahan, John Cormier, Linda Forestell, Michael McCoombs, Shelley Francis, Carol Reimer, Pauline Gallant, Jane Mitton- McLean, Martina Shannon, Andre Veniot, Cathy Carnahan

Staff: Karen McGrath, Jean Daigle, Geri Geldart, Gary Foley, Janet Hogan, Margaret Melanson, Dr. John Dornan, Gerald Regan, Maura McKinnon, Jeff Carter, Jennifer Sheils, Dr. Jennifer Hall, Susan Dickie (recorder)

Regrets: Mary Schryer, Dan McCarthy, Douglas Baker, Dr. Édouard Hendriks, Dr. Robert Leckey

1. Call to order and approval of agenda

John McGarry, Chair called the meeting to order at 2:00 pm. The agenda was approved on a motion by C. Carnahan, Motion was carried.

The following acknowledgment was read:

Board of Directors (Miramichi); we would like to begin by recognizing and respectfully acknowledging that we gather on unsundered and unceded traditional lands of the Mi'qmaq people.

A quorum for the meeting was established.

Karen McGrath, CEO read a statement acknowledging the tragic loss of four young lives that occurred in the Miramichi community. A moment of silence was held.

2. Presentations

2.1 Community Health Awards - 2019

Horizon Health was pleased to announce the winners for the third instalment of the Community Health Recognition awards. These awards celebrate individuals and groups that are making a difference to improve overall health in their community. The CHRAs align with the Community Health Needs Assessments (CHNA) completed by Horizon which identify barriers to accessing health care. Jean Daigle, VP of Community, Karen McGrath, President & CEO and John McGarry presented the awards to the deserving recipients. This year, 15 groups or individuals were honored. Each winner received a \$500 towards their organization and an award. A short video describing the individuals, their organization and their services was shown at the meeting.

2.2 Canada's New Food Guide

Jean Daigle, VP of Community welcomed Horizon Dietitians Shauna Miller and Melanie Cormier to the meeting. A presentation was given on the new Canada's Food Guide and how it contributes to helping us be healthier. Healthy eating is more than the foods we eat, it also includes where, when, why and how we eat. The new food guide emphasizes vegetables, fruits, plant based proteins, whole grains and water as the drink of choice, but according to Health Canada and our own dietitians, we have to be mindful of our eating habits. That means cooking more often, enjoying our food, eating meals with others, using food labels, limiting food high in sodium, sugars or saturated fat, and being aware of food marketing.

Horizon's dedicated team of dietitians rely on this essential tool and their expertise to help us make positive lifestyle choices by eating well and being healthier.

3. Consent Agenda

3.1 Minutes from the last meeting

MOTION:

***IT WAS MOVED BY L. FORESTELL, SECONDED BY M. SHANNON THAT;
THE CONSENT AGENDA BE APPROVED AS PRESENTED.***

MOTION CARRIED.

4. Business arising from the minutes

Nil.

5. Balanced Scorecard

Margaret Melanson, VP of Quality and Patient Centred Care explained Horizon's balanced scorecards purpose is to measure progress towards achieving objectives, establishes targets and reports quarterly performance and includes actions undertaken to achieve the targets.

M. Melanson provided an overview of the balanced scorecard quarterly results for December 2018. The following indicators were highlighted:

- Percent of recommendations for Horizon from Community Health Needs Assessments that have been implemented
- Patient satisfaction – receiving service in the language of choice
- Percent of planned technology initiatives completed to improve patient services and communications between caregiver and patient
- Ratio of policies that are Horizon-wide versus Local Area specific
- Bravos! sent by Leaders

The Board voiced their concern on the steady indicator of Alternate Level of Care patients occupying beds in the 5 Regional Hospitals in comparison to the projected new nursing home builds as reported by government. It could be perceived that these are new beds where in fact they are replacement beds for old buildings. Staffing of these facilities is a challenge.

6. Official Languages Update

Margaret Melanson, VP of Quality and Patient Centred Care provided information on the following initiatives undertaken by the Official Languages in collaboration with other stakeholders.:

- "Online Café de Paris sessions » for remote facilities and rotating schedules are now effective
- Language testing initiative
- Active Offer Everyday Dialogue project
- Preparation of active officer re-launch with a focus on internal and external communication.

M. Melanson also explained the Official Languages Strategic Plan is complete and has been approved by the Executive Leadership Team. The next steps will be to identify objectives associated with each of the strategic priorities and establish time frames for work completion.

M. Melanson reported on the number of official language complaints, formal and informal. Formal complaints are those which are sent directly to the CEO by the Office of the Commissioner of Official Languages. Informal complaints are those that Horizon receives directly from patients and visitors.

7. Patient Safety and Quality Improvement Committee

Carol Reimer, Chair of the Patient Safety and Quality Improvement Committee provided a report on the committee meeting held on February 19, 2019. The following items were discussed at the meeting:

- Horizon Adverse Event Management Project
- Stan Cassidy Centre for Rehabilitation – presentation
- Accreditation Canada – update on compliance
- Quality and Patient Safety and Infection Prevention Control indicators
- Quality and Safety Reports
- Alternant Level of Care statistics
- Unmet Home care needs within in NB

8. Governance and Nominating Committee

John Cormier, Acting Chair of the Governance and Nominating Committee provided a report from the committee held on February 14, 2019. The following items were discussed at this meeting:

- Recommendations from Community Health Needs Assessment Oromocto and surrounding area – approved.
- Strategic Planning process
- Governance Policies
- Regional Professional Advisory Committee membership
- Horizon and Regional Foundations update
- Horizon Volunteer and Recognition events

9. Finance, Audit and Resource Committee

In absence of the committee chair, Gerald Regan, Regional Director of Finance provided a report on the committee meeting held on February 14, 2019. The following items were discussed:

- The committee reviewed and approved the 2019-2020 audit plan as presented by representatives from KPMG, LLP our auditors.
- Audit plan was reviewed and will be presented to the Board on June 3rd.
- Human Resources Strategic Plan – update was received.
- Acquisition of Capital Equipment for fiscal year 2019 – 2020 was approved.
- Financial results and financial dashboard was provided.

10. Regional Medical Advisory Committee

Dr. John Dornan, Regional Chief of Staff reported on the Regional Medical Advisory Committee meeting held on February 26th and April 6th. The following items were discussed at these meetings:

- Committee membership
- Billing numbers
- Dalhousie Medicine NB -all 32 students have been placed with residency
- Physician organization
- Advanced Training Life Support (ATLS) certification
- Standardized Stroke CT approach
- Physician Engagement
- Electronic credentialing for physicians

11. Regional Professional Advisory Committee

Geri Geldart, VP of Clinical/Co-Chair of the Regional Professional Advisory Committee provided a report from the committee meeting held on March 21, 2019. The following items were discussed at this meeting:

- Annual reports were received from Professional Practice Councils and Clinical Networks
- Membership was reviewed
- Committee discussed and reviewed feedback from the Professional Councils on the Horizon Human Resources Strategic Plan
- Committee discussed and reviewed feedback from Professional Councils on the Information Technology Strategic Plan
- RPAC committee continues to discuss Horizon initiatives in which they can provide input or advice to the Board in relation to their discipline.

12. Items removed from the consent agenda

Nil.

13. Other business

National Organ & Tissue Donation Awareness Week

Karen McGrath, CEO acknowledged that it is National Organ and Tissue Donation Awareness week.

14. Questions / Presentation from the Public

14.1 Presentation: Dangers of Internet pornography

This item was removed from the agenda, as the presenter was unable to attend.

Question from the Public

Mr. Robin Andrews addressed the Board with a question as to why Horizon Health was rated lower than Vitalite Health Network on a Best Employer Survey conducted by Forbes Magazine.

Board Chair, John McGarry responded that this is a marketing strategy done by an analytical company for Forbes who reaches out directly to employees and asks them if they recommend their employer. Forbes then uses the data to assign a ranking and contacts the organization to inquire if they would like the logo “Best Employer” on the company website. The estimated cost is \$17,500 for a year. This is used as a revenue generator.

Mr. Andrews thanked the Board for clarification.

At 3:41 pm, the Board of Directors moved to a private session, management left the room.

15. Adjournment

The meeting was adjourned at 3:50 pm.

John McGarry, Board Chair

Karen McGrath, Corporate Secretary