

Preparing for surgery - Patient Information



RED LEVEL

ORANGE LEVEL

YELLOW LEVEL

Preparing for surgery looks different during the COVID-19 pandemic. There are more precautions in place to keep patients, clients, families and health care workers safe. Review the following information before your surgery and any scheduled appointments.

Preparing for surgery

Before your surgery you will be contacted by your health care team and asked a series of screening questions to determine if COVID-19 testing is required prior to your procedure.

What to expect when you arrive at the hospital

1. Arrive for your surgery at the scheduled appointment time and follow the directions provided by your health care provider. This is usually one hour before your surgery. If you arrive too early, you may be asked to wait in your vehicle. This ensures we don't have too many people in our waiting areas.
2. All patients are screened before entering the hospital; this includes being asked a series of questions.
3. When you come in, clean your hands with hand sanitizer.
4. Visitors will not be permitted to enter without a mask. When you come to a Horizon facility for an appointment or to visit a loved one, please wear your own face mask. You will be provided a new face mask during the screening process and asked to put on this mask before entering.
5. To learn the right way to put on and remove a [mask with loops](#) or [mask with ties](#) visit [HorizonNB.ca](#).
6. In most cases, updates on your surgery will be done by phone. Surgeons will use the provided contact information to call the support person and/or substitute decision maker.

Support person and/or Substitute Decision Maker

When Horizon facilities are in the **Yellow Level**, visitor restrictions are in place to ensure the safety of our health care workers, patients, clients and communities.

Your support person and/or substitute decision maker may be required to drop you off and pick you up from the surgery, but cannot stay.

You will be asked to provide a phone number for your support person and/or substitute decision maker to your health care team for use in case of an emergency and to arrange for pick-up following your surgery. There are limited exceptions where a visitor may be permitted. To view the list of exceptions during the **Yellow Level**, please visit [HorizonNB.ca](#).

To prevent the spread of COVID-19, while in a Horizon facility everyone is required to wear a mask, clean their hands, and whenever possible, keep a physical distance of two metres or six feet between yourself and others.

This includes standing in line to enter the facility, in waiting areas, elevators and cafeterias.